



## travelista

Wander woman **Sophy Roberts** fast-tracks international intelligence on where to be and what to see

→ Destination spas have become as much a part of **SWITZERLAND's** national brand as its

Alpine slopes. The newest is **Lonhea Alpine Clinic** ([www.lonhea.com](http://www.lonhea.com); from £7,100 per week, all inclusive), which opened on July 1 in Villars-sur-Ollon, a 90-minute drive from Geneva. Unlike Clinique La Prairie – known for its Revitalization treatment involving orally administered shots of CPL extract, derived from young lamb's livers – Lonhea focuses on simpler fixes, such as hiking, cycling, yoga and swimming in an outdoor pool overlooking the Rhône Valley. Guests wear a heart-rate monitor during their stay and continue to do so for four months after they leave, with data fed back daily via its website. This allows Lonhea's staff to adjust the clients' exercise and diet programmes remotely. Back on site, wine is allowed (red only) and the valley-sourced food claims to be more about good nutrition than calorie counting; plus, with only nine rooms, each guest gets around eight hours of one-on-one attention daily.

→ New to **SWITZERLAND, FRANCE** and **ITALY** is **Camel Snow** ([www.camelsnow.com](http://www.camelsnow.com)), launching this winter. Co-founders Rory Hoddell and Charlie Toogood put together each trip, which might involve anything from heli-skiing to multiday ski safaris with stopovers in mountain

lodges. Some they host personally (such as the trial run they did for Sir Richard Branson last year); other clients are paired with their network of ski guides, chosen for their expert local knowledge. They intend to ride the same wave they've identified in **CORNWALL**, where for 15 years they've run Camel Ski, a water-ski outfit in the moneyed Camel Estuary. This is also where house-rental company **Boutique Retreats** ([www.boutique-retreats.co.uk](http://www.boutique-retreats.co.uk)) operates, having recently added the Roseland Peninsula property **Froe** (from £1,496 for three nights) to its books. This Scandi-fied, white-walled three-bedroom former miller's house, with its four-bedroom coach house next door, presides over more than 180m of private river frontage and has its own pontoon on the creek.

→ From there to the West Country's other great seaside spot of **SALCOMBE**, where **Salcombe Harbour Hotel & Spa** ([www.salcombe-harbour-hotel.co.uk](http://www.salcombe-harbour-hotel.co.uk); from £295) opens this month after a multimillion-pound revamp – including a spa, 50 rooms and a restaurant overseen by Alex Aitken, who was previously awarded a Michelin star at Hampshire's Lime Wood. Also in Salcombe is



Above: Chalet in Oberloch, Austria, one of the locations covered by ski outfit Camel Snow. Below: the sitting room at seven-bedroom Froe on the Roseland Peninsula, Cornwall. In next via Boutique Retreats



Above: the beach at Masseria Torre Coccaro hotel in Puglia, Italy

